

International Student Guide

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Welcome Message

Dear new international students of CCST Vancouver:

Welcome to the beautiful city of Vancouver and your new family, CCST Vancouver!

Vancouver, located in the province of British Columbia (c), is the third largest city in Canada and gateway city to the Pacific Rim. Metro Vancouver has a population of 2.64 million according to Census 2021. It is one of the most ethnically and linguistically diverse cities in Canada. Our school is located in Richmond, a city within the Metro Vancouver district that has the highest Chinese population density in the province.

The birth of CCST Vancouver was a miracle story of God's grace and provision. CCST Vancouver began offering educational programs in September 2015 under the Association of Canadian Chinese Theological Education (ACCTE). After the passing of the *CCST Vancouver Act* (http://www.bclaws.ca/civix/document/id/lc/psl/18033) by the Legislative Assembly of British Columbia on May 29, 2018, we were given Royal Assent on May 31, 2018 and received the CRA charity status allowing us to issue taxable receipts on August 10, 2018. In 2019, our school bought and moved into our current campus property.

We achieved the <u>Education Quality Assurance</u> designation, the Province's brand for quality post-secondary education, on July 8, 2020 and has been approved by the Government of Canada to be a <u>Designated Learning Institution</u> (DLI # O265275735142) since July 20, 2020, thereby making it possible for the School to accept international students with study permits from Immigration, Refugees and Citizenship Canada. CCST Vancouver became the first independent Chinese graduate theological school eligible to grant theological degrees in B.C..

CCST Vancouver is called to nurture God's servants and equip the laity for the church to fulfill the great commandment and the great commission in the 21st century. Our programs integrate the teaching of biblical truth and theological insights with spiritual formation and ministry skills. Community and formation are key values of CCST Vancouver. In addition to our credit curriculum, we encourage students to grow in Christ through community life in our weekly chapel, annual retreat, prayer retreats, 1-1 or group spiritual direction and mentorship.

We are thankful that you will embark on your theological education journey with CCST Vancouver. It is our privilege to walk alongside you in this journey. May God bless you with a rich and formative learning experience. I look forward to getting to know you more.

Blessings,
Joyce Chan

Principal, D.Min. Director, and Professor of Church History

Health Care

International students with a study permit valid for six months or longer are required to register with British Columbia's Medical Services Plan (MSP) as soon as they arrive in BC. MSP enables you to receive basic medical care free of charge, including most physician costs, medical tests, and hospital services. However, there are items not covered by MSP, such as dental care, prescription drugs, routine eye examinations, corrective lenses, etc. To arrange insurance for these uncovered items, you will need "extended health" medical insurance from a private insurer. To learn more about MSP benefits, please click here (Benefits - Province of British Columbia (gov.bc.ca)).

You can apply for MSP registration online, in person or by mail. Online application is the easier option which takes about 15 minutes to complete. Your accompanying family members may also be eligible for MSP. You can include them in your application. More information on how to apply can be found here (<u>How to Apply - Province of British Columbia (gov.bc.ca)</u>). While you must apply for MSP as soon as you arrive in BC, you cannot apply before you arrive.

There is a wait period of three months before MSP coverage begins, which consists of the balance of the month in which you arrive in BC, plus two full calendar months. For example, if you arrive on 15 July, your coverage will begin on 1 October. You should carry private insurance to cover medical costs for you and your accompanying family until this wait period ends and MSP coverage begins.

International students need to pay a fee for MSP coverage. As of 1 January 2020, it is \$75 per month (including your accompanying spouse and children). The fee is subject to change. To obtain updated information on the fee level and how to pay, please check here (Paying Your Health Fee - Province of British Columbia (gov.bc.ca)).

Once your application is approved, you will be notified to obtain a BC Services Card by visiting an Insurance Corporation of BC (ICBC) driver licensing office. There is no fee for obtaining this card. This card is to be presented each time when accessing provincial health care benefits. More information on BC Services Card can be obtained here (<u>Your BC Services Card - Province of British Columbia (gov.bc.ca)</u>).

HealthLink BC is the official agency in BC providing free non-emergency health information and advice. You will find it a useful resources for your medical-related enquires. You can get information 24/7 by phone (dial 811) or from their website. Over the phone, they offer translation services. Just say the name of your language (for example, "Mandarin"), and they will find someone to help you. You can also read information in different languages including Chinese on their website

(http://www.healthlinkbc.ca/servicesandresources/translatedresources).

Student Health, Safety & Wellness

Your well-being is a priority at CCST Vancouver. This section provides information on emergency contacts, mental health resources, and public health and safety information.

Emergency Contacts

- In any life-threatening emergency (medical, fire, or police), call 9-1-1 immediately.
- Crisis Line: If you are experiencing feelings of distress or despair, you can call or text 98-8 anytime for free, confidential support.
- Critical Incident Policy: For detailed information on how the seminary responds to emergencies, please review our Critical Incident & Crisis Management Policy.

Mental & Spiritual Well-being

Theological study can be demanding. We encourage you to care for your spiritual and mental health. The Dean of Students is available to provide pastoral care, spiritual guidance, and support.

While CCST Vancouver does not have on-site clinical counsellors, we can refer you to trusted professional counselling services in the community. Please speak with the Dean of Students for a confidential referral.

You can also access Here2Talk, a free, 24/7 counselling and referral service for all postsecondary students in BC. You can connect with a counsellor by app, phone, or online. Website: https://here2talk.ca/

S.U.C.C.E.S.S. Help Lines: S.U.C.C.E.S.S. provides confidential, culturally-sensitive telephone

support in Mandarin and Cantonese. Trained volunteers provide emotional support and referrals to community resources. The lines are available daily from 10:00 a.m. to 10:00 p.m..

- Cantonese Line: 604-270-8233
- Mandarin Line: 604-270-8222
- Website: https://successbc.ca/counselling-crisis-support/services/help-lines/

Overdose Prevention & Safety

British Columbia is experiencing a public health emergency due to toxic, unregulated drugs. It is important to be aware of the risks and how to help.

- Learn the Signs: Learn how to recognize the signs of an overdose by visiting the provincial resource website, Stop Overdose BC. Website: https://www.stopoverdose.gov.bc.ca/
- Get a Free Naloxone Kit: Naloxone (also called Narcan) is a safe medication that can reverse an opioid overdose. It is free for anyone in BC to carry. You can get a free kit and training on how to use it at most local pharmacies.
- To find a pharmacy or clinic near you that provides free kits, visit the Toward the Heart site finder: https://towardtheheart.com/site-finder
- Good Samaritan Act: In Canada, the Good Samaritan Drug Overdose Act protects you from charges for simple drug possession if you call 9-1-1 for yourself or someone else who is overdosing. Always call 9-1-1 if you suspect an overdose.

Children Education

You can include dependent children in your study permit application. In Canada, a dependent child is any unmarried child under the age of 22. If the study permit is approved with the accompanying child, the child will be issued a visa authorizing stay in Canada for the same duration as your study permit.

After arrival in BC, all children 18 years of age and under are allowed to study at public preschool, elementary, and secondary schools without the need to pay tuition fees. In Canada, all children are required by law to attend school, including those who come with you. However, diploma-level education is not included in this exemption and will require payment of tuition and related fees.

Public schools are operated by school boards in their own districts. You should register your child at the school board responsible for the area where you live. The following are links to the school boards in areas located close to our school:

Richmond School District (<u>Home Page | School District No. 38 (Richmond) (sd38.bc.ca)</u>) Vancouver School Board (<u>Vancouver School Board (vsb.bc.ca)</u>) Burnaby School District (<u>Burnaby Schools - School District 41 - Burnaby, BC, Canada</u>)

Each school board has their own procedures in registering children for school. In general, you should bring two years of official school records for your children, in English or with a certified English translation. You may also need immunization records since birth.

Each school district is further divided into neighbourhoods such that your child will study at schools within the neighbourhood where you live. Visit their websites to learn more. Apart

from the normal curriculum, many schools also offer English as Second Language classes for their students.

Accommodation

We do not provide housing to international students. The easiest way to look for a rental home is online search. These are common websites to search for available housing:

Craigslist (https://www.kijiji.ca) Kijiji.ca (https://www.kijiji.ca)

The school is not connected in any way to these websites. They are common search tools for people seeking housing opportunities in Vancouver. You should exercise normal caution when searching. Always view the property before you sign a lease or pay any deposit. If in doubt, contact us for advice. After you arrive in Vancouver, you can also spot housing opportunities from the school bulletin board which is available for students and faculties to post information on housing rentals.

Public Transportation

The public transportation system in Metro Vancouver is operated by TransLink. Buses and SkyTrain are the main modes of transportation to get around. Our school is located right next to a SkyTrain station known as the Bridgeport Station, along the Canada Line which connects the Vancouver International Airport with the city centre of Vancouver.

You can plan your transportation route by visiting TransLink website (<u>Home | TransLink</u>) which also let you search for individual routes and timetables. A simple way to know when the next bus will come to the stop you are at is by texting the bus stop number and bus route number (up to two route numbers) to 33333. TransLink will send to your phone the next two departure times for the routes you are enquiring. Make sure you leave a space between the bus stop number and route number (e.g. 51013 16).

To pay your fare, you can use cash (for bus only, with no change given), contactless debit or credit card, or a Compass Card. Compass Cards are reloadable fare cards that can be purchased at any SkyTrain station or retailers here (<u>Find a Retailer (compasscard.ca)</u>). For your convenience, the school will provide a Compass Card to you on your arrival.

A single fare is valid for 90 minutes on bus regardless of zones crossed. SkyTrain and SeaBus tickets are also valid for 90 minutes but the fare depends on how many zones are crossed during the trip. All journeys starting after 6:30 pm weekdays and all travel on weekends and holidays are a 1-Zone fare. Concession fare is available for people above 65 years old and youth between 13 to 18 years old. Children aged 12 and under can ride TransLink services free of charge but need to be accompanied by paying customers on SkyTrain and SeaBus.

Work while Studying

With your study permit and as long as you are studying full-time at our school, you are permitted to work with the following conditions:

- You can work unlimited hours on-campus (if employed)
- You can work up to a maximum of 24 hours per week off-campus during academic terms, and unlimited hours during official school breaks, such as winter and summer holidays or spring break
- Internship at a church or other institutions, however, require a work permit which you have to apply online. More information here:
- https://www.canada.ca/en/immigration-refugees-citizenship/services/study-canada/work/intern.html

Your study permit should have relevant conditions pre-printed. When you collect your study permit at the border, check to make sure that they are listed.

You need to have a Social Insurance Number (SIN) issued by the Canadian Government in order to work. Information on how to apply for a SIN can be found here:

https://www.canada.ca/en/employment-social-development/services/sin/apply.html

All employers are bound by law to pay a certain minimum wage per hour. You can expect to earn at least this amount in whatever employment you find. Click here for the current minimum wage in BC: https://www2.gov.bc.ca/gov/content/employment-business/employment-standardsadvice/employment-standards/wages/minimum-wage

After you graduate, you will need to obtain a work permit in order to work in Canada. Such work permit usually can only be applied after you find an employer who has to complete certain steps and make a job offer to you. Be mindful of the processing time required for work permit application. If you do not want to interrupt your stay in Canada after graduation, you need to obtain a work permit within 90 days after expiry of your study permit. For more information on work permit application, please click here:

https://www.canada.ca/en/immigration-refugees-citizenship/services/work-canada/workpermit.html

Please be advised that programs at theological institutions in British Columbia are not eligible for the federal Post-Graduation Work Permit (PGWP) program.

Graduates of all diploma and degree programs at CCST Vancouver are not eligible to apply for a PGWP. This is a standard government regulation for this category of institution.

While the PGWP is not an option, graduates who wish to work in Canada may have other pathways. For example, a graduate who receives a job offer from a Canadian church or religious organization may be eligible to apply for a religious worker work permit. We strongly advise you

to consult the official Immigration, Refugees and Citizenship Canada (IRCC) website for the most accurate and up-to-date information on your post-graduation options. For more information, please click here:

https://www.canada.ca/en/immigration-refugeescitizenship/corporate/publicationsmanuals/operational-bulletins-manuals/temporaryresidents/foreign-workers/work-withoutpermit/authorization-work-withoutwork-permitclergy.html

Banking Matters

Canadian banks are similar to banks in other major countries. Most charge a monthly fee to customers for their bank accounts and services if a minimum deposit balance is not maintained.

While opening a bank account is not a must, it certainly offers benefits in managing your finance. For example, if you have a bank account here, you may pay lower fees for international money transfers than if you have no bank account. Here are some other benefits:

- A bank account can help you manage your money and offers debit and credit card services
- If you have a bank account, you can ask staff at the bank for financial advice
- If you plan to work while studying, you may need a bank account for receiving salary
- If you rent your accommodation, you may need to write cheques using your bank account

Ask about student account options at any Canadian bank or ask whether a bank in your home country has a partnership with Canadian banks. Some other things you should know:

- Some banks offer zero monthly fee for student accounts.
- All Canadian banks offer Internet banking. You can pay bills and transfer funds online.
- Most stores accept multiple payment methods, including cash, credit card and debit cards. They do not usually accept cheques issued by a bank. On the other hand, WeChat Pay and Alipay are gaining popularity among merchants.
- Cheques are mostly used for large amounts, such as rent and bill payments. Your bank can issue personalized cheques when you open an account.
- You may be questioned by bank staff if you deposit large sum of cash at one time, usually when it is above \$10,000.
- Many bank branches have multi-lingual staff. You can always ask for staff who speak your language to help you.

Canada's major banks include:

- Bank of Montreal
- Canadian Imperial Bank of Commerce
- Desjardins
- President's Choice Financial
- Royal Bank of Canada
- Scotiabank
- TD Canada Trust

Taxes

You have to file a tax return to the Canada Revenue Agency (CRA) if you receive income from working. The income tax year is from 1 January to 31 December. If you owe income tax, you must pay it by 30 April for the previous calendar year.

Tax return can be filed online or by mail. See CRA website for full details. (<u>Canada Revenue Agency - Canada.ca</u>).

Even if you do not owe any tax, it is a good practice to file tax return. Some benefits of filing a tax return are:

- You may be qualified for GST (goods and services tax) credit and Canada Child Benefit (if you lived in Canada for the previous 18 months, and who has a valid study permit in the 19th month) which are available to low- and middle-income taxpayers
- You can carry-forward Tuition Payment and Education Credits to offset future income if you start working in Canada.

Budgeting

You may be interested to know how much it costs to live in Vancouver. Rental is probably the biggest single item when budgeting living expenses here. The following table gives you a rough idea of the <u>monthly rentals in different cities around CCST Vancouver</u>.

	Vancouver	Richmond	Burnaby
1-bedroom apartment	\$2,421	\$1,952	\$2,025
2-bedroom apartment	\$3,400	\$2,255	\$2,613

Source: Apartments.com and liv.rent as of October 2025 (Currency: CAD)

Renters of a 2-bedroom apartment can expect to pay \$120-\$150 per month in utilities. This would include heating, gas and electricity. Monthly internet would add \$50-\$100. Cable TV is about\$25-\$100 per month depending on how many TV channels you want to watch.

Greater Vancouver is becoming more easily navigable by public transportation. As of July 2025, a monthly Metro Vancouver one-zone transit pass costs \$111.60, with pay as you go pricing at \$3.1 per ride.

Mobile phone plans range from \$25-\$75 per month depending on how much data you require.

Costs of dining out and grocery shopping can vary a lot since there is a wide variety of choices available.

Racial Harmony

Canada is globally known for being a welcoming and accepting country. People coming to live here, including international students, can easily feel at home. A friendly culture is at the heart of Canadians.

To ensure such a harmonious environment is maintained, there are laws and systems to protect you from being treated badly or denied a benefit because of your race, the colour of your skin, your ancestry or your place of origin. There is also a channel for you to file a complaint with the Government if you believe you have been discriminated against.

Racial discrimination can take many forms. For example:

- Calling you racist names
- Denying you service
- Not hiring or promoting you but doing so for others who are of a different race
- Threatening you and not others who are of a different race
- Not renting an apartment to you just because of your race

There are some actions you could take if you are being discriminated against:

- Keep a written record of exactly what happened and when, and of what was said.
- If the discrimination happens at work, in your apartment building, or in a store or restaurant, ask the people responsible for the place to do something about it.
- Racial discrimination has no place at CCST Vancouver and will not be tolerated. If you ever experience it here, contact the Dean of Students who will take up the issue seriously.
- If you want to file an official complaint, contact or visit the BC Human Rights Clinic which also extends help in general for racism issues. Complaints must be filed within six months after the events happen. Click here for more information and services of BC Human Rights Clinic (BCHRC).

Settlement Agency

Settlement agencies are community or government organizations set up to help newcomers settle in their new life in Canada. They will help answer your questions about living in BC, finding work, and immigration. A settlement agency that provides free services in Chinese is SUCCESS (Settlement | Employment | Immigration | S.U.C.C.E.S.S. BCSIS Free Services). You can contact them by email or phone. They also host regular events to provide information on issues relevant to newcomers. If you decide to stay in Canada to work after graduation, you may find useful assistance from them particularly on immigration and employment issues.